

Soli Event on 29th of April

Timetable

	Lärche	Shiatsu	Kiefer	Bewegung
10:00-11:00				
11:00-12:00		Niklas: 2x Shiatsu (11:00 und 11:30)	Meiro: Massage or Footreflex (45 min)	Johanna: Dance and bodywork stability and mobility of the spine 3 places
12:00-13:00	12:30 -13:30 Irina: Thai massage (60 min)	Niklas: 2x Shiatsu (12:00 und 12:30)	Meiro: Massage or Footreflex (45 min)	
13:00-14:00			Rocki: Massage (45 min)	
14:00-15:00	13:45-14:45 Irina: Thai massage (60 min)		Meiro: Massage or Footreflex (45 min)	
15:00-16:00	Irina: Thai massage (60 min)	Sharly: Osteopathic Treatment	Meiro: Massage or Footreflex (45 min)	Rocki: Nada - community acupuncture
16:00-17:00	Sarah: Somatic Bodywork (45 min)*	16:15 -17:15 Sharly: Osteopathic treatment		Irina: Thai Yoga class 6 places
17:00-18:00	Sarah: Somatic Bodywork (45 min)	17:30 - 18:45 Sharly: Workshop Shoulder-Neck-Release:		
18:00-19:00	Sarah: Somatic Bodywork (45 min)	Best of Osteopathic Exercise, Fascia Release and Neuroomuscular Mobilisation 0 participants		
19:00-21:00	Evening Event: Why care – helth and autonomy. A discussion with Poliklinik Leipzig, Casa Kuà, Helth and Autonomy network and meta:morfosis.			

Prices

30-100 Euro for 45-60 min treatment

20-60 Euro for 30 min treatment

5-30 Euro for workshop

Dunkelgrau heißt ist schon vergeben /
dark grey means, it's allready booked